

Reference No.																			
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SELF-ASSESSMENT GUIDE

Qualification Title:	FOOD PROCESSING NC I																		
COC 6 Title:	Debone and Fillet Fish																		
Instruction: Read each question and check the appropriate box to indicate your answer.																			
Can I?																		YES	NO
<i>Prepare tools, equipment and processing and packaging area</i>																			
• Clean and set tools/equipment to meet operating requirements and industry guidelines																			
• Sanitize tools/equipment/processing and packaging area in accordance to workplace procedure/industry guidelines*																			
• Check and adjust tools and equipment performance as required and in accordance with the industry guidelines																			
<i>Prepare fish for deboning and filleting</i>																			
• Apply fish evisceration techniques in accordance to fish cuts and industry guidelines*																			
• Wash fishes in accordance to company's specification, GMP requirements and industry guidelines*																			
• Chill fishes according to company's specification/industry guidelines*																			
• Scale fishes according to company's specification/industry guidelines*																			
<i>Debone and fillet fish</i>																			
• Debone fishes in accordance to company's specification and industry guidelines*																			
• Fillet fishes in accordance to company's specification and industry guidelines*																			
• Wash and transfer deboned/fillet fishes to next production line according to company's specification, GMP/industry guidelines*																			
• Maintain workplace in accordance to housekeeping standards/industry guidelines*																			
<i>Conduct post operation</i>																			
• Clean and store tools based on workplace procedures, operation manuals/industry guidelines																			
• Dispose waste in accordance to industry guidelines*																			
• Prepare/Accomplish production data checklist in accordance to enterprise protocol*																			

I agree to undertake assessment in the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.

Candidate's signature:	Date:
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** Critical Aspects of Competency*

Note:

1. The Candidate must bring head cap, laboratory gown, facemask, goggles and basic calculator.
2. The use of cellphone/smart phone is NOT allowed during the assessment.